# 03 Lord’s Supper

After you are baptized, you can partake in the Lord’s Supper as part of the body of believers to remember Christ’s death. It is a continual reminder to continually strive towards a life that is glorifying to God.

# I. WHERE DOES THE LORD’S SUPPER COME FROM?

1. The Israelites were in Egypt

*“Then a new king…came to power in Egypt… [and] put slave masters over them to oppress them with forced labor…” Ex. 1:8-11*

1. God used Moses to send plagues to free the Israelites. The last plague was the plague of the .

*“Every firstborn son in Egypt will die, from the firstborn son of Pharaoh, who sits on the throne, to the firstborn son of the slave girl, who is at her hand mill and all the firstborn of the cattle as well.” Ex. 11:5*

1. The meal.

It was a meal during the last plague in the land of Egypt. God would Passover homes that had the blood of a lamb that night at midnight. Anyone who believed the blood would save them, the angel spared the life of their firstborn.

*“The blood will be a sign for you on the houses where you are; and when I see the blood, I will pass over you. No destructive plague will touch you when I strike Egypt.” Ex. 12:13*

# II. WHY DO WE OBSERVE THE LORD’S SUPPER?

Every year, the Jews would celebrate the Passover meal to remember their deliverance from slavery to the Egyptians to enter into the Promised Land. They were only able to enter into the Promised Land because God ‘passed over’ them because of a sacrificial lamb.

1. It is a that Christ was the sacrificial lamb so that believers could enter into *communion* with God in heaven, the Promised Land.

*“For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until he comes.” 1 Cor. 11:26*

*“…For Christ, our Passover lamb, has been sacrificed.” 1 Cor. 5:7b*

1. It is a of Jesus’ last Passover meal, his ‘*last supper*.’

*“While they were eating, Jesus took bread, gave thanks and broke it, and gave it to his disciples, saying, ‘Take and eat; this is my body.’ Then he took the cup, gave thanks and offered it to them, saying, ‘Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins.” Matt. 26:26-28*

The Passover had been updated to be a communion with one another through a remembrance of Christ’s death over bread and wine. The terms; Lord’s supper, last supper, and communion refer to the same ordinance to remember Christ’s death, which is what the Passover pointed to.

1. It is by Christ

*“For I received from the Lord what I also passed on to you: The Lord Jesus on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, “This is my body, which is for you; do this in remembrance of me. In the same way, after supper he took the cup, saying “This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.” 1 Cor. 11:23-25*

# III. WHAT IS THE LORD’S SUPPER?

To remember Christ’s death through the partaking of .

The elements used are symbolic and are not transformed to Christ’s literal body and nor does Christ go into the elements when they are prayed over. It is an outward sign to show a believer’s commitment to Christ. The significance of the Lord’s Supper is the symbolic nature of its proclamation and not on the elements or type of elements used. That is also why grape juice is used instead of wine.

# IV. WHY IS THE LORD’S SUPPER OBSERVED ONCE A MONTH?

To one’s own life and a reminder to repent.

*“Therefore, whoever eats the bread or drinks the cup of the Lord is an unworthy manner will be guilty of sinning against the body and blood of the Lord. A man ought to examine himself before he eats of the bread and drinks of the cup. For anyone who eats and drinks without recognizing the body of the Lord eats and drinks judgment on himself.” 1 Cor. 11:27-29*

There is no restriction to how often someone takes the Lord’s Supper but it is generally done on the first Sunday of each month as a spiritual check up time. The believer is to examine their past month to confess and repent of anything holding him or her back from living out the fullness of Christ.

# V. WHO CAN TAKE THE LORD’S SUPPER?

Those who have in Jesus Christ as their Lord and Savior.

Though there is never a specification that baptism is a requirement for the Lord’s Supper, occurrence of the Lord’s Supper in scripture is generally preceded by a believer’s baptism. There is nothing sinful or wrong for someone to observe the Lord’s Supper prior to Baptism though. Whether or not someone in a church can take part in the Lord’s Supper is determined by the church.

At Livingstone Alliance Church, baptism is a prerequisite to observing the Lord’s Supper.

The Lord’s Supper is a time to remember what Christ’s did for us on the cross. He was the sacrificial lamb that was slain so that death passed over us in order that we could be free from sin and enter into communion with God. During the Lord’s Supper, it is a good time to confess and repent from sin.